

## Article

# Innovative Method for Determining Young's Modulus of Elasticity in Products with Irregular Shapes: Application on Peanuts

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**Abstract:** Accurate determination of Young's modulus of elasticity in irregularly shaped products is quite challenging. This study introduces a novel method that can measure the elasticity in non-uniform products, such as peanuts. Variations of the contact surface between the peanut and a crosshead were precisely calculated using this technique based on kernels blueprints remaining on graph paper after compression. The elastic modulus was assessed by stress-strain tests using Hooke's theory. The significance of the effects of water content and loading rate on the elastic modulus of peanuts was studied using the Response Surface Methodology (RSM). Results showed that the elasticity was mostly influenced by the kernel's water content. It decreased from 3.75 to 0.10 MPa when the initial water content increased from 7 to 18% (dry basis). Water content had a significant effect on Young's modulus ( $p < 0.05$ ) at 95% confidence level with a correlation coefficient ( $R^2$ ) of 95.52%. Conversely, the effect of the loading rate on this response was minimal. The proposed approach takes into consideration the irregularities in shape, size, and surface characteristics of products in evaluating Young's modulus. It offers valuable insights for further investigations in optimizing quality assessment in the food industry.

**Keywords:** Young's modulus of elasticity; peanuts; Hooke's theory; stress-strain; response surface methodology



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## 1. Introduction

The determination of Young's modulus of elasticity is a crucial aspect of material characterization, enabling engineers and researchers to assess the stiffness and deformation behavior of a material under various conditions. It was also found to be correlated with the definition of spring stiffness according to Hooke's law [1]. Traditionally, the measurement of Young's modulus has been conducted on standardized samples with regular shapes, such as rectangular or cylindrical specimens. However, in real-world applications, many products and components possess irregular shapes, which pose challenges for accurate measurement. To address this issue, researchers have been exploring innovative approaches tailored specifically to irregular-shaped materials [2]. These approaches often involve advanced numerical modeling, finite element analysis, and non-destructive testing techniques. By digitally reconstructing the geometry of the product and simulating its mechanical behavior, researchers can estimate Young's modulus with higher accuracy [2–4]. Additionally, non-destructive testing methods, such as ultrasonic measurements, have shown promise in assessing the elastic properties of components with irregular shapes [5].

The Representative Volume Element (RVE), also known as the unit-cell approach, is a widely used concept that simplifies the complex microstructure of a material into a smaller, manageable volume element, while still preserving the key characteristics of the material's behavior. When analyzing the mechanical behavior of the panel, it can be helpful to treat it as a homogenized material with equivalent properties. The RVE concept comes into play here, where the panel itself can be considered as a kind of "macroscopic RVE". By understanding the behavior of the panel, it is possible to estimate its effective mechanical properties like stiffness, strength, and thermal conductivity [6–9].

The development of new methods for determining Young's modulus for irregular-shaped structures can significantly impact different fields, ranging from engineering and manufacturing to biomedical applications [1–4]. Thus, the analysis of the elastic modulus of products with shape irregularities is essential at different levels. It contributes to predicting their load-deformation behavior, by knowing their strain capacity during compression and as such, their ability to resist unrecoverable deformation, to allow estimation of their maximum load limit to reduce breakage. Many challenges are faced while determining Young's modulus of elasticity for agricultural seeds, mainly because they possess an anisotropic form and viscoelastic behavior. The issue of viscoelasticity is tackled by applying small loads in a short time to remain in the elastic domain defined by the linear part of the force–deformation curve [6,7].

Regarding granular materials, it has been demonstrated that Young's modulus of elasticity was strongly influenced by moisture content, loading rate, and pressure [10–17]. Many studies resolved to evaluate the modulus of elasticity of corn and peas [18,19], while others investigated the cracking behavior of macadamia nutshells under compression between two plates [20], or even the viscoelastic properties of soybean cotyledons [21]. The applicability of a few theories in evaluating the effect of different parameters on elasticity modulus has been approached. Hooke's law was applied on pea pods, wheat, corn, apples, and potatoes using a flat plate for compression [19,22–24]. Other authors exploited Hertz's theory on agricultural produces [11,25–29], or Boussinesq's theory on whole fruits, vegetables, and cereal grains [10,23–25]. Nonetheless, all the previously listed methods exhibited many shortcomings and could not be adapted for peanuts.

In the case of an irregular form, a precise measurement of the grain contact surface during loading between two parallel plates is hard to be monitored. For this reason, seeds that are selected for such a purpose should acquire a regular shape: they were trimmed at both ends or flattened in order to reach a fairly constant and homogenous contact surface during the whole compression period [14,30–35]. Since the pressure area is directly proportional to the loading, some authors concluded that the use of whole specimens is more representative of the mechanical behavior of the product [32]; especially since seeds might lose a part of their resistance to compression loads. In this sense, one previous study tried to overcome this complication by determining the contact surface of a whole rough cereal e.g., rice during compression [33]. The authors placed a pressure-sensitive paper over the compression plate of the stress-strain tester. The contact blueprint left by the rice was then measured. However, one should consider the strength dissipated in deforming the paper used. On the other hand, the contact surface marks of the grains could be distorted by the thickness of the paper.

Peanuts are renowned for their high nutritional content, especially lipids that are composed of mono- and polyunsaturated fatty acids [10,11,34]. Defatting whole peanuts (or halves) to reduce their fat content is commonly achieved using mechanical compression [35–39]. By doing so, irreversible structural deformation and breakage rate are the limiting factors of this procedure. Understanding the elastic modulus of whole peanuts is crucial to implement the optimal plan for an efficient defatting process. The overall objective of this work was to conceive a convenient method that can be used to accurately assess not only the elasticity of peanuts but also any other product exhibiting an irregular shape. To reach this goal, an innovative method was specifically conceived to determine the exact contact surface between the kernel model and during the compression. The validity of this new

method has been confirmed using the Response Surface Methodology (RSM). Moreover, the effects of water content and loading rate on Young's modulus of elasticity using Hooke's law have been studied for peanut kernels.

## 2. Materials and Methods

### 2.1. Sample Preparation

Long blanched peanut kernels of the Runner type (*Arachis hypogaea* L.) were imported from China and hand-delivered to the laboratory by a local manufacturer "El-Kazzi". Ten kilograms of peanuts were randomly selected and, in accordance with the previous literature [40,41], they were sieved twice using 8.5- and 7.5-mm square mesh sieves to isolate medium and intact kernels with a geometric mean diameter ( $MD$ ) of  $12.01 \pm 0.09$  mm and a sphericity ratio ( $SR$ ) of  $0.65 \pm 0.01$ . To determine the average dimensions, length ( $L$ ), width ( $W$ ), and thickness ( $T$ ) were measured, using micrometer calipers with a reading accuracy of 0.01 mm, for 100 kernels randomly chosen from the batch already sieved.  $MD$  and  $SR$  were calculated using the following formulas [26]:

$$MD = \sqrt[3]{LWT} \quad (1)$$

$$SR = MD/L \quad (2)$$

Furthermore, the kernels were manually cleaned to remove dust, dirt, scraps, wrecked and immature kernels. Initial moisture content, percentage of dry matter, and relative humidity were determined by hot air oven-drying at  $105 \pm 1$  °C for 24 h, with 5 replications, and the results were 4.6% d.b.  $\pm$  0.39 (dry basis), 95.6%  $\pm$  0.35 and 4.4% w.b.  $\pm$  0.35 (wet basis), respectively.

Samples were moistened with a quantity of water defined according to the equation below:

$$Q = \frac{Mi(W_f - W_i)}{100 - W_f} \quad (3)$$

where  $Q$  (kg) is the mass of water added,  $M_i$  (kg) is the initial mass of the sample,  $W_i$  is the initial water content of the sample in % d.b. and  $W_f$  is the final water content of the sample in % d.b.

All samples were then conditioned to raise their water content up to five different values specified farther by the experimental design [42,43]. Thereafter, kernels split in halves were packed in tight PVC bags and stored at 4 °C for 7 days to ensure homogenization and uniform distribution of water.

### 2.2. Experimental Design and Statistical Analysis Using RSM

RSM is an effective statistical technique invested in industrial process development. It is usually employed when the required result is affected by many variables and interactions [44–47]. Process optimization can then be achieved through rapid and accurate information obtained with lower cost and shorter extent time [48]. The ANOVA test determines the statistical significance of each effect of independent variables by comparing the mean square against an estimate of the experimental error.

In our study, RSM was used to determine the effect of two independent variables, water content and loading rate, on the modulus of elasticity of peanuts measured in  $N/mm^2$  or MPa. For this purpose, a central composite design has been built:  $2^2$  factorial design with 4 central points and 4 axial points, where one variable is set at an extreme level ( $\pm 1.41421$ ) while other variables are set at their central levels. Statistical analyses as well as response surfaces were pictured using Statgraphics Plus (5.1 version, Windows software). The water content of peanuts varied between 7 and 18% d.b., whereas the loading rate was between 100 and 400 mm/min. Their five coded and experimental values are shown in Table 1.

**Table 1.** Experimental and coded parameters levels.

	Coded Values	−1.41421	−1	0	+1	+1.41421
Experimental parameters	Water Content (% d.b.)	4.7	7	12.5	18	20.3
	Loading rate (mm/min)	37.9	100	250	400	462

The following Table 2 refers to the 12 trials.

**Table 2.** Combination of parameters creating a central composite rotatable design (CCRD) for peanuts elasticity analysis.

	Run	Water Content (% d.b.)	Loading Rate (mm/min)
Factorial design	1	7	100
	2	18	100
	3	7	400
	4	18	400
Star points	5	4.7	250
	6	20.3	250
	7	12.5	37.9
	8	12.5	462
4 central points	9 to 12	12.5	250

Each trial with 5 replications and the average values of experiments were reported in Table 3. A system linking the independent variables  $Wc$  (water content) and  $Lr$  (loading rate) to the response  $Y$  (Young's modulus of elasticity) was defined by the equation below:

$$Y = f(Wc, Lr) \quad (4)$$

A second-degree polynomial equation was fitted for Young's modulus to describe the process empirically and to study the effect of the two independent variables. The predictive model can subsequently be formulated:

$$Y = a_0 + \sum_{i=1}^2 a_i x_i + \sum_{i=1}^1 \sum_{j=i+1}^2 a_{ij} x_i x_j + \sum_{i=1}^2 a_{ii} x_i^2 \quad (5)$$

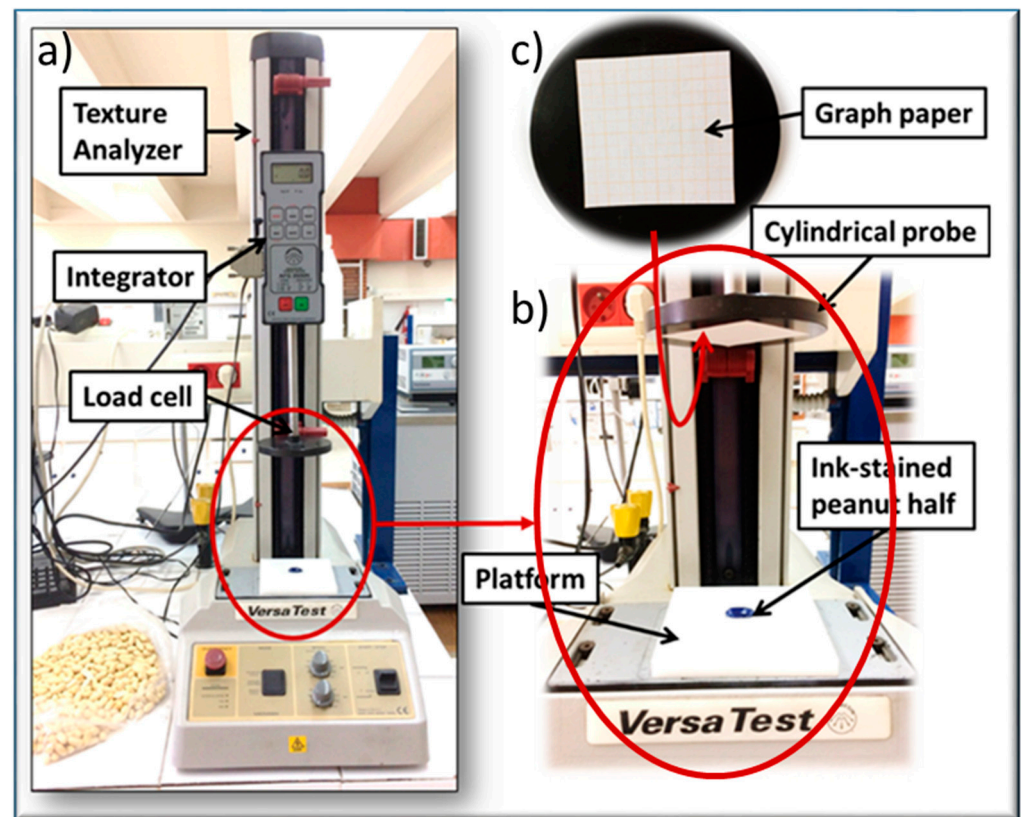
where,  $a_0$ ,  $a_i$ ,  $a_{ii}$  and  $a_{ij}$  are the regression coefficients, and  $x_i$ ,  $x_j$  are the coded levels of independent variables  $Wc$  and  $Lr$ . The probability  $p$ -value and the coefficient of determination ( $R^2$ ) represent the significance of independent variables and the model adequacy at 5% level of significance.

Finally, it is noteworthy to mention that the temperature is a very important parameter that could affect Young's modulus of elasticity [49,50]. However, due to the close interdependence between the temperature and the water content of peanuts, it was decided to set the temperature at 25 °C in a climate-controlled room.

### 2.3. Compression Test

A texture analyzer (Versatest model, Mecmesin Equip X a California Corporation, San Jose, USA) equipped with a 2500 N compression load cell and an integrator was used to perform the compression tests over the peanut kernels (Figure 1). A cylindrical plate

of 10 cm of diameter has been designed and fitted at the base of a mobile crosshead to simulate the pressure that could be applied during any given peanut processing stage.



**Figure 1.** (a) Experimental setup for determination of contact surface of products with irregular shapes. (b) Enlargement of the red ellipse, (c) Location of the millimeter paper.

The elastic modulus is determined from the initial linear section of the stress–strain curve at relatively low deformation. For an ideal elastic material, Hooke’s law (shown in Equation (6)) states that stress ( $\sigma$ ) is directly proportional to strain ( $\epsilon$ ) and to Young’s modulus of elasticity ( $E$ ) [6].

$$E = \frac{\sigma}{\epsilon} = \frac{F/S}{\Delta L/L_0} \quad (6)$$

where  $F$  (N) is the value of load exerted on the specimen,  $S$  ( $\text{mm}^2$ ) is the contact surface of the specimen,  $\Delta L$  (mm) is the elastic deformation and  $L_0$  (mm) is the initial height of the specimen.

Before proceeding with the compression tests, the initial height  $L_0$  of peanut halves was measured using a micrometer caliper, and the compression speed was set according to the loading rate suggested by the experimental design. Peanut halves were meticulously chosen in a way that every half exhibits a flat base to minimize errors as much as possible. Samples were removed from the refrigerator and allowed to stand for 2 h to reach the ambient temperature of 25 °C [51]. In the beginning, 20 repetitions of each one of the 12 trials relative to the experimental design were conducted using the texture analyzer. In each case, a curve representing the compressive force overtime was obtained. Then, the fracture point of kernels was predicted from this curve to avoid exceeding it in subsequent compression tests. Eventually, only the linear section of the stress–strain curve below this fracture point must be considered to obtain the elastic modulus (Figure 2). In fact, any curvature of the peanut base would affect its elasticity during compression (Figure 3A).

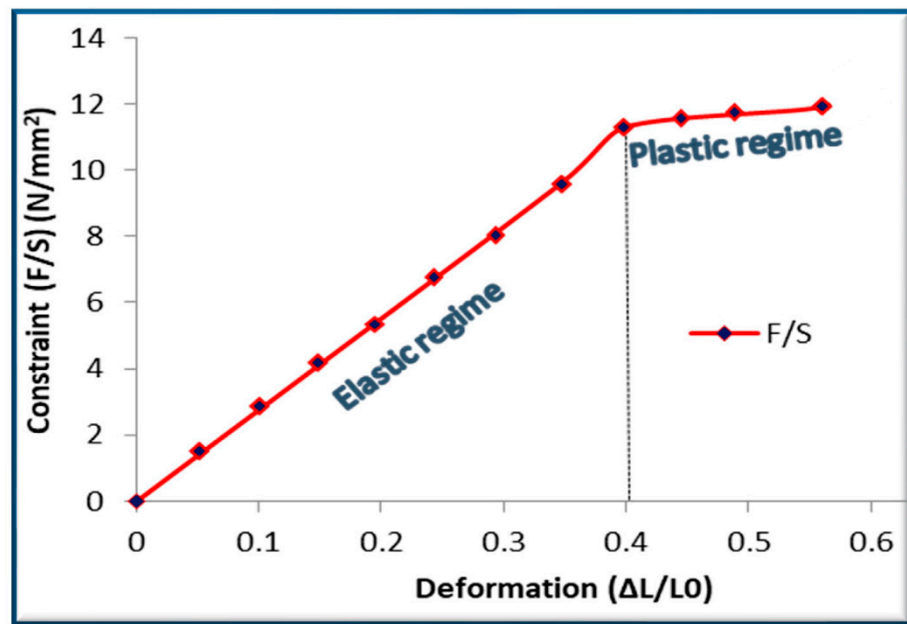


Figure 2. Recording of the constraint as a function of the relative deformation.

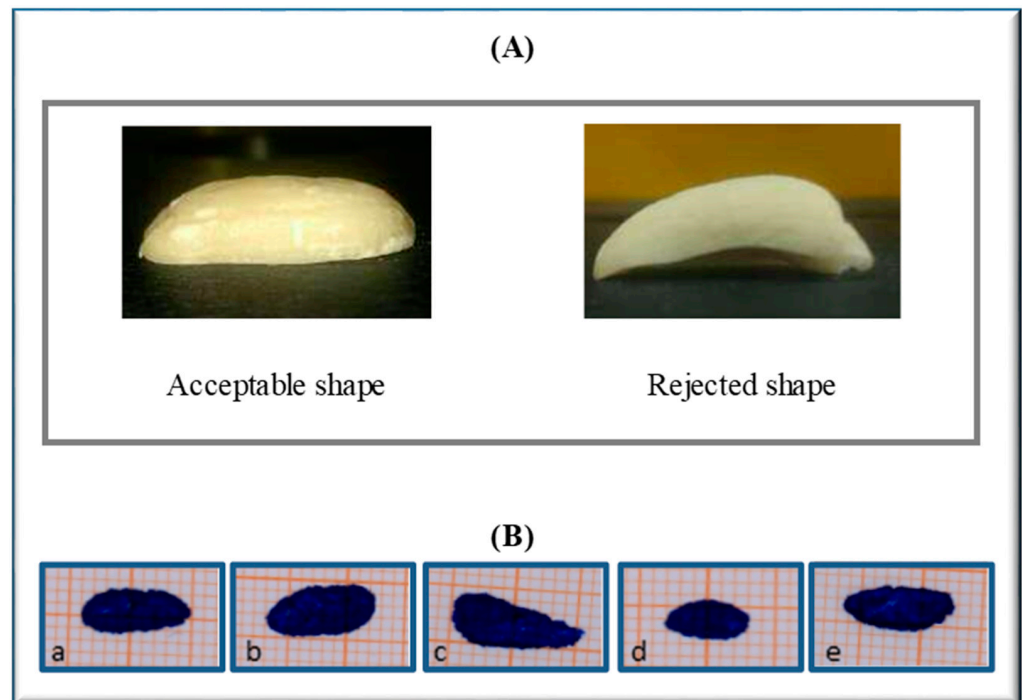


Figure 3. (A) Criteria for selection of peanut kernels for the compression test; (B) a–e represent 5 marks left by 5 different peanut kernels on the graph paper, (5 repetitions of the third run).

Prior to each test, a graph paper was secured at the base of the cylindrical probe, and the kernels were ink stained. Every single stained peanut half was loaded between the two parallel plates of the texture analyzer and the compression was stopped immediately before reaching the initial yield point or the point of fracture of the kernel. At the end, peanut halves were allowed to stand for few minutes to inflate to make sure that the elastic regime was not exceeded. The test was rejected when irreversible deformations were reached. Accordingly, five repetitions of each run were carried out and the blueprints left on the graph paper were scanned and computed accurately to quantify the contact surface of the kernels during the compression after a time  $t$ . This newly suggested method gives

the opportunity to measure the contact surface very precisely compared to previously developed methods. In our case, the kernels were stained with ink. The graph paper used is not compressible. The mark remaining on the graph paper reflects exactly the contact surface between the kernel and the plate when the compression halted.

The elastic deformation ( $\Delta L$ ) was then calculated using the following equation:

$$\Delta L = Lr \times t \quad (7)$$

with  $\Delta L$ : kernel deformation (mm),  $Lr$ : loading rate (mm/min),  $t$ : time separating the first contact of the probe with the kernels from interruption of force.

The compression force and the computed contact surface were needed to calculate the normal stress applied on the kernel ( $F/K$ ). On the other hand, the relative deformation ( $\Delta L/L_0$ ) was used to generate the normal strain. According to Hooke's law, Young's modulus of elasticity was calculated after these two parameters (Equation (3)). Data obtained from the compression tests allowed for the drawing of the stress–strain curve. Since this curve is linear in the early stages of the experiment (defining the elastic domain), the slope  $s$  of the stress–strain linear curve is none other than the modulus of elasticity of the compressed kernel such as  $E = \text{tg}(s)$ .

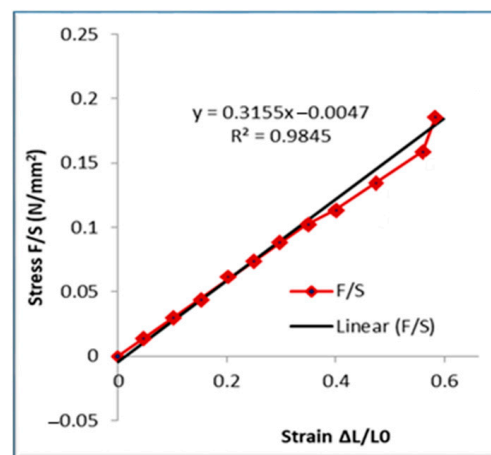
### 3. Results and Discussion

#### 3.1. Contact Surface Determined by the Blueprint

Shapes of five samples of peanuts subjected to a uniaxial compression are shown in Figure 3B. The sketches left on the graph paper were used to calculate the exact contact surface in  $\text{mm}^2$  corresponding to a certain percentage of deformation, while not exceeding the elastic domain.

#### 3.2. Stress–Strain Curves and Results of Young's Modulus of Elasticity

For each run, the curve representing the variation of stress versus strain during compression was drawn; Figure 4 presents one such example. The curve is linear for short times of compression determining the elastic regime from which the Young's modulus is computed.



**Figure 4.** Evolution of the stress as a function of the relative deformation during compression of peanuts at early stages.

Peanut kernels were subjected to compression according to the experimental design. Values of the modulus of elasticity varying with operating conditions (water content and loading rate) were developed in Table 3.

**Table 3.** Results of Young's modulus of elasticity for 12 trials with different combinations of operating parameters.

	Operating Parameters	Contact Surface (mm <sup>2</sup> )	$\Delta L$ (mm)	$L_0$ (mm)	Force (N)	$\Delta L/L_0$	F/K (N/mm <sup>2</sup> )	E = tg ( $\alpha$ )	Average Modulus of Elasticity (MPa)	Standard Deviation
2 <sup>2</sup> factorial design	Wc = 7%; Lr = 100 mm/min	27	1.47	6.52	27.8	0.22	1.03	4.58	4.20	±0.38
		28	1.38	5.78	25.4	0.24	0.91	3.79		
		50.5	1.55	5.33	57.3	0.29	1.13	3.90		
		33	2.28	7.04	43.8	0.32	1.33	4.09		
		39.5	1.55	6.25	45.2	0.25	1.14	4.61		
	Wc = 18%; Lr = 100 mm/min	47	1.93	6.33	8.9	0.31	0.19	0.62	0.61	±0.05
		21.25	1.65	7.9	3.1	0.21	0.15	0.70		
		34.5	1.28	6.39	3.9	0.20	0.11	0.56		
		49.5	1.83	6.5	8.6	0.28	0.17	0.62		
		49	2.02	7.23	7.8	0.28	0.16	0.57		
	Wc = 7%; Lr = 400 mm/min	34.5	2.93	6.85	33.1	0.43	0.96	2.24	2.18	±0.12
		27.5	2.53	6.02	25.4	0.42	0.92	2.19		
		35	2.87	5.65	35.2	0.51	1.01	1.98		
		16	2.53	5.82	15.7	0.44	0.98	2.25		
		28.75	3.33	6.69	32.2	0.50	1.12	2.25		
	Wc = 18%; Lr = 400 mm/min	35	3.33	5.71	6.5	0.58	0.19	0.32	0.30	±0.02
		30.25	2.53	7.31	3.1	0.35	0.10	0.30		
		39	2.53	6.36	4.4	0.40	0.11	0.28		
		37	3.67	6.55	5.9	0.56	0.16	0.28		
		42.25	4.40	7.06	8.6	0.62	0.20	0.33		
Axial points	Wc = 4.7%; Lr = 250 mm/min	12.25	1.58	6.24	20.8	0.25	1.70	6.69	6.73	±0.37
		6	1.83	6.36	12.2	0.29	2.03	7.05		
		20.25	1.83	7.41	35.4	0.25	1.75	7.07		
		22.25	1.83	7.02	35.8	0.26	1.61	6.16		
		20	1.17	6.01	25.9	0.19	1.30	6.67		
	Wc = 20.3%; Lr = 250 mm/min	30.75	5.96	6.92	7.4	0.86	0.24	0.28	0.29	±0.02
		27.5	2.29	6.64	2.9	0.35	0.11	0.31		
		38	2.08	6.65	3.8	0.31	0.10	0.32		
		43.5	2.29	5.61	5.3	0.41	0.12	0.30		
		25.75	4.08	6.79	4.2	0.60	0.16	0.27		
	Wc = 12.5%; Lr = 37.9 mm/min	33	0.93	5.65	5	0.17	0.15	0.92	0.96	±0.06
		27	1.04	6.07	4.8	0.17	0.18	1.04		
		39	0.69	5.55	4.4	0.13	0.11	0.90		
		26.75	0.93	6.25	3.7	0.15	0.14	0.93		
		21	1.18	6.05	4.2	0.20	0.20	1.03		
	Wc = 12.5%; Lr = 462 mm/min	22.5	14.40	5.73	15.4	2.51	0.68	0.27	0.28	±0.02
		54.5	3.77	5.81	10.8	0.65	0.20	0.31		
		41	3.39	6.37	6.6	0.53	0.16	0.30		
		38	2.08	5.22	4.1	0.40	0.11	0.27		
		30	2.54	6.08	3.2	0.42	0.11	0.26		
4 repetitions at the centers of the domains	Wc = 12.5%; Lr = 250 mm/min	26.5	1.83	7.48	3.3	0.25	0.12	0.51	0.47	±0.04
		35.5	1.38	6.31	3.4	0.22	0.10	0.44		
		52	2.29	6.23	8.9	0.37	0.17	0.47		
		40	2.75	6.2	9.1	0.44	0.23	0.51		
		45.5	1.83	5.59	6.6	0.33	0.15	0.44		
		35.5	2.29	6.81	6.1	0.34	0.17	0.51	0.48	±0.04
		41	1.58	6.42	4.4	0.25	0.11	0.44		
		38.5	2.29	5.65	7.8	0.41	0.20	0.50		
		31	2.08	6.02	5.4	0.35	0.17	0.50		
		29	1.63	6.02	3.4	0.27	0.12	0.43		



Table 3. Cont.

Operating Parameters	Contact Surface (mm <sup>2</sup> )	$\Delta L$ (mm)	$L_0$ (mm)	Force (N)	$\Delta L/L_0$	F/K (N/mm <sup>2</sup> )	$E = tg(\alpha)$	Average Modulus of Elasticity (MPa)	Standard Deviation
	33	1.58	5.83	4	0.27	0.12	0.45	0.47	$\pm 0.03$
	33.25	2.04	6.09	5.4	0.34	0.16	0.48		
	48	2.50	5.28	11.2	0.47	0.23	0.49		
	63	2.04	4.9	13.2	0.42	0.21	0.50		
	43.5	2.08	5.23	7.3	0.40	0.17	0.42		
	39.75	2.29	5.97	6.9	0.38	0.17	0.45	0.46	$\pm 0.03$
	41.25	2.04	6.13	6.7	0.33	0.16	0.49		
	42.5	2.29	6.11	6.9	0.38	0.16	0.43		
	26.5	1.83	6.64	3.3	0.28	0.12	0.45		
	37	1.83	5.83	5.8	0.31	0.16	0.50		

### 3.3. Significance of the Operating Parameters

Each of the estimated effects as well as the interactions between operating parameters are plotted in the Pareto chart in Figure 5A. Each bar plot exceeding the vertical line (CL: 0.95) relates the significance of the effect at the 95% confidence level. It should be noticed that water content and loading rate had negative effects on the peanuts' modulus of elasticity.

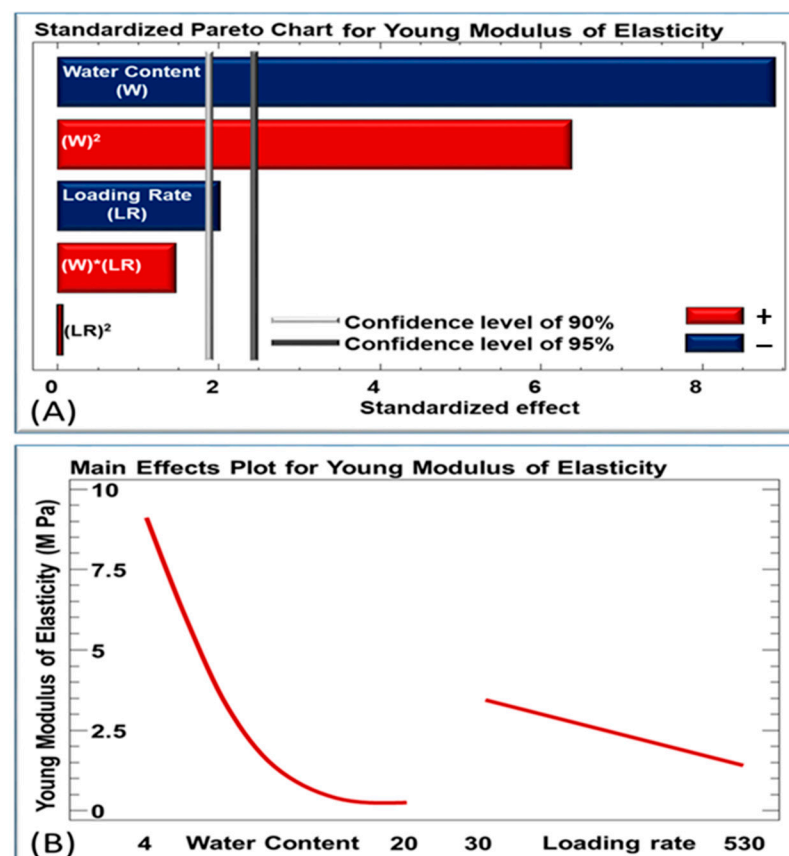


Figure 5. (A) Pareto Chart: Standardized effects on Young's modulus of elasticity of peanuts. CL = confidence level; (B) Main effects of water content and loading rate on peanuts' modulus of elasticity.

Initial water content and its square were found having significant effects. At 90% confidence level, the effect of loading rate on the response would become significant

whereas no evidence is found for the effect of its square. The interaction between the two operating variables is proven as insignificant.

### 3.4. Model Fitting and Regression Equation

Based on the response generated by the 12 experiments, a model has been fitted giving a suitable regression coefficient to each linear and quadratic parameter's effect, as well as for the effect of interaction between the operating parameters. The equation of the fitted model is as follows:

$$Y = 14.49 - 1.67 * Wc - 9.5 * 10^{-3} * Lr + 4.8 * 10^{-2} * Wc^2 + 5.2 * 10^{-4} * Wc * Lr + 6.4 * 10^{-7} * Lr^2$$

### 3.5. Analysis of Variance for Young's Modulus of Elasticity

In order to determine the significance of the linear, quadratic and cross-parameter effects of the independent variables on the modulus of elasticity of peanuts, a summary of variance analysis was reported in Table 4.

**Table 4.** Analysis of variance (ANOVA) test for Young's modulus of elasticity.

Source	Sum of Squares	Df	p-Value
A: Water content	26.6	1	0.0001
B: Loading rate	1.4	1	0.0908
AA	13.6	1	0.0007
AB	0.73	1	0.1897
BB	0.0013	1	0.9519
R-squared = 95.52 percent			

The ANOVA table indicates the significant effect of each parameter on the variability in Young's modulus of elasticity. Thus, it can be clearly observed that water content had linear and quadratic effects on peanut elasticity ( $p$ -value < 0.05), indicating that these two effects are significantly different from zero at 95% confidence level. In addition to the Pareto chart, it can be inferred from the  $p$ -values presented in ANOVA test that the linear and quadratic effects of water content are significant at 99.99% (0.01% risk) and 99.93% (0.07% risk) confidence level respectively. Regarding the loading rate parameter, it significantly affects the modulus of elasticity at 90.9% confidence level with a 9.1% of risk. The  $R^2$  statistic, being greater than 0.75 [52], designates that the fitted model reflects adequately the experimental figures. Therefore, the obtained  $R^2$ , being 0.9552, can be considered very accurate; it explains the variability in Young's modulus of elasticity at 95.52%.

### 3.6. Main Effects of the Operating Parameters

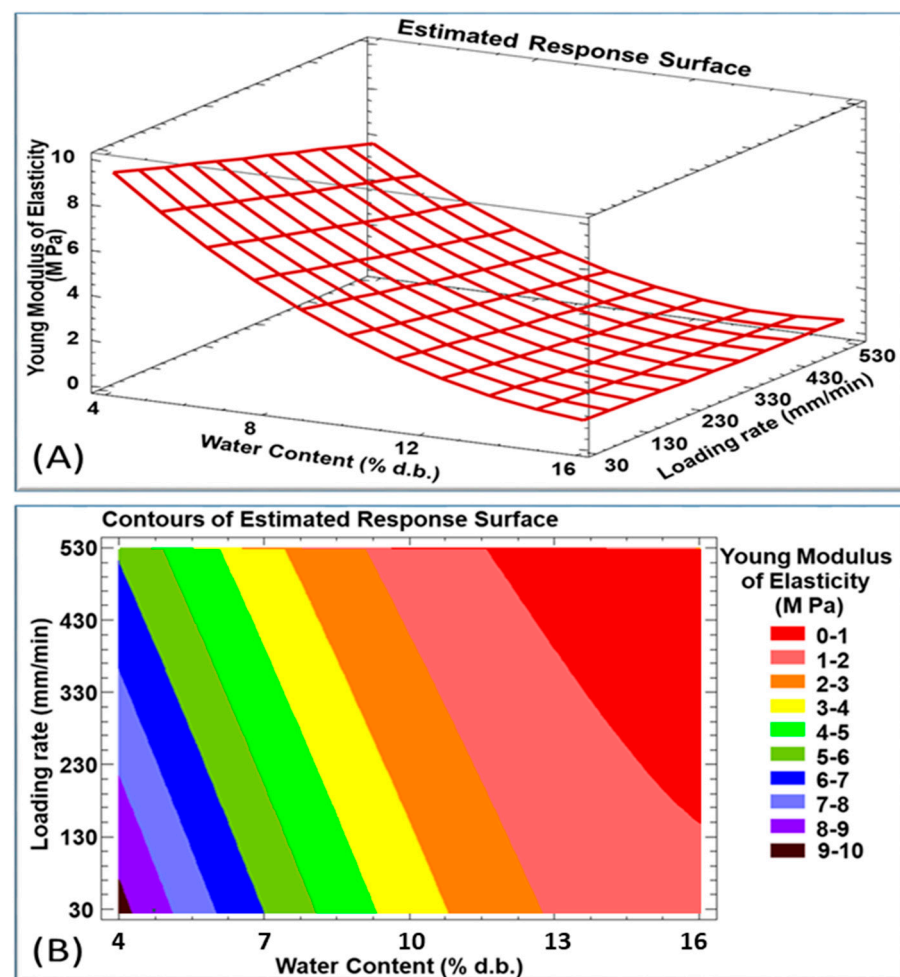
As previously shown in Figure 5B, loading rate and water content are negatively correlated to Young's modulus of elasticity. An increase in water content from 7 to 18% (d.b.) will lead to a significant decrease in modulus of elasticity from 3.75 to 0.10 MPa. On the other hand, Young's modulus will slightly decrease in a linear way from 0.90 to 0.07 MPa while increasing the compression speed from 100 to 400 mm/min. Similar results of effect of loading rate and water content on the modulus of elasticity or modulus of deformability of agricultural materials were reported by many authors [41,53–55]. For instance, Burubai et al. [49] deduced the negative effect of water content on the firmness of African nutmeg seed coats, while average values of Young's modulus varied between 128.6 MPa and 40.30 MPa for water content ranging from 8 to 28.7%.

As is well known, the higher the Young's modulus, the stiffer the material and the harder it is to stretch it. The structure of a stiff material is altered only slightly under elastic loads whereas a flexible material having a low elastic modulus change considerably its shape. With reference to the previous datum point and based on the results of Figure 5B, it is recommended to process peanuts having low water content (around 7% d.b. and even below) in order to resist to different types of mechanical load occurring during handling,

transportation, pressing, dehulling, storage, etc. It would be interesting here to state that a particular attention should be given to the water content (Wc) parameter more than to the loading rate (Lr), since Wc is an intrinsic property of the product while Lr is an exogenous factor and a measurement parameter.

### 3.7. Estimated Response Surface, Iso-Response Curves and Optimization of Young's Modulus of Elasticity

The response surface of Young's modulus of elasticity is presented in Figure 6A for different values of water content and loading rate. The estimated responses largely corroborate those found in the literature. In a study published in 2004, Demir and Cronin [56] came up with an elasticity modulus of  $4.26 \pm 0.889$  MPa for raw hazelnuts and  $4.93 \pm 3.03$  MPa for roasted ones. Knowing that the ideal water content of roasted nuts is around 1.5–3% d.b. [57], it is logical that the studied raw peanuts having 4.6% d.b. as average water content would have a Young's modulus of  $6.73 \pm 0.37$  MPa (trial 5, Table 3). Once peanuts are hydrated, this elasticity modulus will decrease to reach a minimum value of 0.29 MPa for approximately 20% d.b. water content (Figure 6A).



**Figure 6.** (A) Estimated response surface of Young's modulus of elasticity of peanut kernels; (B) Contours of estimated response surface of Young's modulus.

Based on the generated empirical model, one can conclude that in order to obtain a peanut kernel resistant to stresses and irreversible deformation, having a maximum value of modulus of elasticity, it is recommended to proceed with a water content and a compression speed varying between 4–5% d.b. and 30–180 mm/min respectively. In order to validate the obtained results, test trials were conducted within these intervals, which

confirmed the findings with a 95% accuracy. In this case, Young's modulus will reach its maximum value ranging from 7 to 8 MPa (Figure 6B). The method of least squares was applied to find the adequate combination of factor levels which maximizes the modulus of elasticity. Thus, the maximal value (7.43 MPa) achieved in this range of variability is reached while having the lowest water content (4.72% d.b.) with a minimum of loading rate (37.93 mm/min).

#### 4. Conclusions

The elasticity of peanut kernels is substantially influenced by the parameters studied in this work. As confirmed in the literature for other models, a decrease in elastic modulus showed that peanut kernels could be irreversibly deformed at high water content and critical loading rate. Essentially, it is suggested by the experimental design to process peanuts at low water content (<7% d.b.) in a way to minimize damage in kernel shapes.

Most importantly, an original method aiming to evaluate the right contact surface between the kernel model and the crosshead during compression has been described. This method allowed for monitoring the variation of the contact surface based on kernel blueprints, below the elastoplastic regime. It has proven, as firmly confirmed by Response Surface Methodology, to be an effective tool for an accurate determination of Young's modulus of elasticity of peanuts. The method has given reproducible and reliable results while remaining practical and simple to apply. Thus, it can be tested on any other product exhibiting an irregular shape to determine its applicability.

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